



Central NY's Premier Lacrosse Organization

Boys Indoor Lacrosse 2018

Boys K-6th (Clinic/Scrimmage)

Location: Rising Stars, Westmoreland, NY

Dates: Nov 7, 14, 28, Dec 5, 12, 19, Jan 9, 16, 23, 30 (10 weeks, Wednesdays 6pm-8pm)

Cost: Kindercrosse - \$100, Boys 3rd-6th Clinic - \$175

Visit www.tricitylacrosse.org for specific details

Boys 7th-12th (Leagues)

Location: Utica College

Dates: Nov 25 Dec 2, 9, 16, Jan 6, 13, 20, 27, Feb 10, 17 (10 weeks, Sundays 7-10pm)

Cost: See your Coach

Visit www.tricitylacrosse.org for specific details

Player Requirements

US Lacrosse Insurance (purchase at www.uslacrosse.org, membership link), reversible jersey (not provided), complete online waiver for Tri-City Lacrosse (see www.tricitylacrosse.org).

League Rules

- Modified NFHSA Rules
- 8 vs. 8 (2 - 3 - 2)
- 2 - 27 minute halves
- No clearing time
- 1 Timeout/half (anywhere on field)
- Substitutions "on the fly"
- Running time penalties
- **1 minute unsportsmanlike penalty for the following offenses:**
 - Body checking of any kind
 - Offensive language of any kind
- Only coaches may address the referees. Verbal abuse by players or coaches will result in a 3 minute non-releasable penalty.
- **Fighting • Punching • Intent to injure another player will result in a 3 minute non-releasable penalty, ejection from the game, and possible expulsion from the league (no refund).**

Other Details

- Checks should be made out to "Tri-City Lacrosse"
- Player online waivers must be complete before your first game/clinic.
- Schedule available November 1.

